



Men's Outdoor Track and Field



Year-by-Year Summary

Year	Date	Site	Host	Champion	Score	Runner-up	Score	Most Outstanding Performer-Track	Most Outstanding Performer-Field
2009	5/15-16	Jacksonville, Fla.	UNF	ETSU	198	Kennesaw State	180	Benjamin Ronoh (ETSU)	Casey Strickland (Kennesaw State)
2008	5/15-16	Clemson, S.C.	Upstate	Kennesaw State	170	Campbell	135.5	Harlod Sims (Campbell)	Joshua McNair (Kennesaw State)
2007	5/11-12	Johnson City, Tenn.	ETSU	ETSU	192	Gardner-Webb	148	Colin Magut (Belmont)	Cody MacArthur (Gardner-Webb)
2006	4/14-15	Clermont, Fla.	A-Sun	Gardner-Webb	194	Kennesaw State	142	Colin Magut (Belmont)	Cody MacArthur (Gardner-Webb)
2005	4/15-16	Nashville, Tenn.	Belmont	Troy	215	Campbell	143	Louis Harris (Troy)	--
2004	4/16-17	Orlando, Fla.	UCF	Troy	320	Campbell	94	Michael Heck (Troy)	--
2003	4/17-18	Orlando, Fla.	UCF	Troy	261	Samford	110.5	Chris Martland (Belmont)	--
2002	4/19-20	Troy, Ala.	Troy	Troy	242	Samford	199	Josh Jones (Samford)	--
2001	4/20-21	Orlando, Fla.	UCF	Troy	190	Samford	160	Derrick Moore (Samford)	--
2000	4/22	Troy, Ala.	Troy	Samford	184	Troy	154	David Henson (Samford)	--
1999	4/17	Troy, Ala.	Troy	Troy	256	Jacksonville	149	Michael Green (Troy)	--
1998	4/18	Miami, Fla.	FIU	Troy	259	FIU	161	Michael Green (Troy)	--
1997	4/19	Birmingham, Ala.	Samford	FIU	211	Samford	121	Richard Curry (FIU)	--
1996	4/20	Orlando, Fla.	UCF	FIU	186	Southeastern La.	138	Johnnie Coleman (SLU)	--

Year-by-Year Results

Year	Site	Host	Champion	Score	Runner-up	Score
2009	Jacksonville, Fla.					
1.	ETSU			198		
2.	Kennesaw State			180		
3.	Campbell			104		
4.	USC Upstate			71		
5.	Belmont			34		
6.	UNF			30		
7.	Lipscomb			25		
2008	Clemson, S.C.					
1.	Kennesaw State			170		
2.	Campbell			135.5		
3.	Belmont			124.5		
4.	ETSU			105		
5.	Gardner-Webb			99		
6.	UNF			8		
7.	USC Upstate			5		
8.	Lipscomb			1		
2007	Johnson City, Tenn.					
1.	ETSU			192		
2.	Gardner-Webb			148		
3.	Belmont			129		
4.	Campbell			93		
5.	Kennesaw State			81		
6.	Lipscomb			7		
2006	Clermont, Fla.					
1.	Gardner-Webb			194		
2.	Kennesaw State			142		
3.	ETSU			125		
4.	Campbell			72		
5.	Belmont			60		
6.	UNF			15		
7.	Lipscomb			6		
2005	Nashville, Tenn.					
1.	Troy			215		
2.	Campbell			143		
3.	Gardner-Webb			99		
4.	Belmont			78		
5.	Georgia State			58		
6.	UCF			16		
7.	Lipscomb			8		
2004	Orlando, Fla.					
1.	Troy			320		
2.	Campbell			94		
3.	Gardner-Webb			79		
4.	Belmont			56		
5.	Georgia State			27		
6.	UCF			5		
7.	Lipscomb			4		
2003	Orlando, Fla.					
1.	Troy			261		
2.	Samford			110.5		
3.	Belmont			66.5		
4.	Georgia State			60		
5.	Gardner-Webb			59		
6.	Campbell			50		
7.	UCF			5		
8.	Florida Atlantic			2		
2002	Troy, Ala.					
1.	Troy			242		
2.	Samford			199		
3.	Belmont			54		
T4.	Georgia State			49		
T4.	Campbell			49		
6.	UCF			12		
7.	Florida Atlantic			2		
2001	Orlando, Fla.					
1.	Troy			190		
2.	Samford			160		
3.	Jacksonville			145.5		
4.	Georgia State			58		
5.	Campbell			49		
6.	Mercer			5		
7.	UCF			4		
2000	Troy, Ala.					
1.	Samford			184		
2.	Troy			154		
3.	Jacksonville			128		
4.	Campbell			102		
5.	Georgia State			18		
6.	UCF			14		
7.	Jacksonville State			8		
1999	Troy, Ala.					
1.	Troy			256		
2.	Jacksonville			149		
3.	Samford			88		
4.	Campbell			58		
5.	Georgia State			16		
6.	UCF			7		
1998	Miami, Fla.					
1.	Troy			259		
2.	FIU			161		
3.	Samford			89		
4.	Jacksonville State			39		
5.	UCF			16		
6.	Georgia State			16		
1997	Birmingham, Ala.					
1.	FIU			211		
2.	Samford			121		
3.	Southeastern La.			72		
4.	Campbell			69		
5.	Jacksonville State			60		
6.	Georgia State			9		
1996	Orlando, Fla.					
1.	FIU			186		
2.	Southeastern La.			138		
3.	Samford			76		
4.	Campbell			74		
5.	Jacksonville State			56		
6.	UCF			42		

Championship Meet Records

Year	Site	Host	Champion	Score
100 Meter				
1.	Greg Garth	Troy	1998	10.35
2.	Chris Butler	FIU	1998	10.45
3.	James Rainer	ETSU	2006	10.47
4.	Duronon Monal	ETSU	2009	10.50
5.	John Williams	Sam	2002	10.51
6.	Louis Harris	Troy	2005	10.55
7.	Shaun Smith	Troy	1998	10.59
8.	Kenneth Baxter	JU	2001	10.62
9.	Jemir Martinez	KSU	2009	10.66
10.	Mark Henkins	Sam	1998	10.69
	Kevin Prime	GWU	2005	10.69
200 Meter				
1.	Louis Harris	Troy	2005	21.06
2.	Don Pitter	Troy	2005	21.10
3.	Kenneth Baxter	JU	2001	21.17
4.	Emery Vickers	Troy	2005	21.27
5.	Devaughn Brown	Troy	1998	21.28
6.	Mark Bryant	GSU	2003	21.32
7.	Duronon Monal	ETSU	2009	21.34
	Mark Henkins	Sam	1998	21.34
9.	Marcus Bodah	JU	1999	21.38
10.	James Rainer	ETSU	2006	21.40
400 Meter				
1.	Cherenal Threadquill	Troy	1998	47.03
2.	Devaughn Brown	Troy	1998	47.11
3.	James Verdi	KSU	2009	47.29
4.	Mark Bryant	GSU	2003	47.37
5.	Barry Dinkins	Troy	1998	47.52
6.	Sedric Cherry	FIU	1998	47.77
7.	Joe Clark	Troy	2000	47.79
8.	Stephon James	Troy	2004	48.23
9.	Chris Harrison	ETSU	2007	48.36
800 Meter				
1.	Gianni Catalano	KSU	2009	1:52.18
2.	Daniel Grass	KSU	2009	1:52.18
3.	Rob Thompson	FIU	1996	1:52.38
4.	Tee Mott	GSU	2002	1:52.50
5.	Cameron Dickerson	UNF	2009	1:52.89
6.	Gianni Catalano	KSU	2008	1:52.90
7.	Paul Von Herrman	Sam	2002	1:52.93
8.	Colin Magut	Bel	2008	1:53.21
9.	Mike Bond	Troy	2003	1:53.28
10.	Tee Mott	GSU	2001	1:53.70
1500 Meter				
1.	Tee Mott	GSU	2001	3:49.93
2.	Michael Green	Troy	2001	3:51.27
3.	William Kemey	Bel	2003	3:51.52
4.	Mike Bond	Troy	2003	3:53.45
5.	Will Pearce	UNF	2009	3:54.53
6.	Hillary Cheruiyot	Bel	2009	3:56.20
7.	Michael Green	Troy	1999	3:56.23
8.	Michael Bond	Troy	2002	3:56.28
9.	Matt McMaster	GSU	2005	3:56.32
10.	Matt McMaster	GSU	2001	3:56.88



Championship Meet Records

3,000 Meter Steeplechase

1. Scott Burley	KSU	2007	9:14.93
2. Scott Burley	KSU	2008	9:17.34
3. Benjamin Ronoh	ETSU	2009	9:20.17
4. Chad Johnson	Sam	2002	9:21.60
5. Aaron Bishop	Sam	2000	9:23.26
6. Mike Earle	Cam	2005	9:23.90
7. Mike Earle	Cam	2003	9:29.14
8. Lukasz Skrzypiec	KSU	2006	9:30.58
9. Johnathan Esteban	ETSU	2009	9:31.03
10. Gaby Rodriguez	FIU	1998	9:31.35

5,000 Meter

1. Kenneth Rotich	ETSU	2009	14:36.13
2. Kenneth Rotich	ETSU	2008	14:38.53
3. Jacob Buckman	Bel	2008	14:41.67
4. Jacob Buckman	Bel	2005	14:46.91
5. William Kemey	Bel	2002	14:48.60
6. Jake Wilke	UCF	2005	14:50.68
7. Michael Green	Troy	1999	14:51.52
8. Ryan Snellen	Bel	2005	14:56.50
9. Benjamin Ronoh	ETSU	2009	14:56.69
10. Andrew Smith	Cam	2000	14:57.20

10,000 Meter

1. Kenneth Rotich	ETSU	2009	30:53.20
2. Kenneth Rotich	ETSU	2008	31:03.19
3. William Kemey	Bel	2003	31:16.83
4. John Brigham	Bel	2008	31:17.18
5. Jacob Buckman	Bel	2008	31:18.80
6. Japheth Koech	JU	1999	31:24.22
7. Lucas McAneney	GWU	2008	31:24.32
8. Caleb Swartz	Bel	2008	31:29.21
9. Ryan Richmond	Cam	2000	31:31.37
10. Kevin Stone	Bel	2008	31:31.40

110 Meter Hurdles (42")

1. Derrick Moore	Sam	2001	14.00
2. Adoniss Jones	Cam	2009	14.02
3. Michael James	ETSU	2009	14.10
4. Derrick Moore	Sam	2000	14.12
5. Mike Henderson	JSU	2000	14.14
6. Adoniss Jones	Cam	2008	14.23
7. Harold Sims	Cam	2009	14.25
8. Devin Jones	KSU	2008	14.29
9. Harold Sims	Cam	2008	14.32
10. Kendall Parks	KSU	2009	14.35

400 Meter Hurdles (36")

1. Harold Sims	Cam	2009	51.62
2. Rod Davis	FIU	1998	52.40
3. Harold Sims	Cam	2007	52.73
4. Vaughan Nembhard	FIU	1996	52.99
5. Johnnie Coleman	SLU	1997	53.10
6. Roderick Davis	FIU	1997	53.18
7. Vaughan Nembhard	FIU	1998	53.34
8. Harold Sims	Cam	2008	53.36
9. Devin Jones	KSU	2008	53.62
10. Paul Steinke	GWU	2008	53.91

Shot Put english (metric)

1. Matt Knippen	GWU	2006	52-8.75 (16.07m)
2. Aymerick Kolokilagi	KSU	2009	(15.92m)
3. Bryan Ames	Cam	2008	50-7.5 (15.43m)
4. Jarrod Burton	ETSU	2007	50-7.25(15.42m)
5. Aymerick Kolokilagi	KSU	2008	50-4.75 (15.36m)
6. Matt Knippen	GWU	2005	50-2 (15.30m)
Joshua McNair	KSU	2008	50-2 (15.30m)
8. Casey Strickland	KSU	2008	49-11.25 (15.22m)
9. Ryan Baker	Troy	2005	49-10 (15.19m)
10. Casey Strickland	KSU	2009	(15.05m)

Discus

1. Cody MacArthur	GWU	2007	163-3 (49.75m)
2. Joshua McNair	KSU	2008	159-6 (48.62m)
3. Mark McIntyre	Troy	1998	159-0.5 (48.60m)
4. Mark McIntyre	Troy	1999	158-8 (48.36m)
5. Eric Gill	KSU	2008	158-3 (48.23m)

6. Josh Caldwell	Sam	2003	154-4 (47.05m)
7. Michael Heck	Troy	2004	154 (46.95m)
8. Derek Simmons	Sam	2003	153-9 (46.87m)
9. David Ducre	SLU	1996	153-6 (46.78m)
10. Partick Paine	Bel	2002	151-4 (46.12m)

Javelin

1. Jerel Langley	GWU	2008	210-11 (64.28m)
2. Jeff Burke	FIU	1996	203-5 (62.00m)
3. Jerel Langley	GWU	2007	201.9 (61.50m)
4. Kevin Bateman	FIU	1998	201-2 (61.02m)
5. Kevin Poplin	Cam	1997	196-6.5 (59.60m)
6. Richard Mason	Cam	1997	193-7.5 (59.00m)
7. Daniel Balena	Sam	2003	192-5 (58.66m)
8. John Rodgers	Troy	2005	191-5 (58.42m)

Pole Vault

1. Jeremy Longshore	GWU	2007	15-7 (4.75m)
Jeremy Longshore	GWU	2008	15-7 (4.75m)
3. Jeremy Longshore	GWU	2006	15-5 (4.70m)
Daniel Williams	ETSU	2006	15-5 (4.70m)
Elliott Haynie	GWU	2006	15-5 (4.70m)
6. Justin Crawford	UPST	2009	15-1(4.60m)
Jordan Briggs	ETSU	2009	15-1(4.60m)
Josh Jones	Sam	2002	15-1 (4.60m)
Elliott Haynie	GWU	2007	15-1 (4.60m)
10. Josh Jones	Sam	2000	15 (4.57m)

Long Jump

1. Michael Acree	Troy	2005	25-5 (7.74m)
2. Sam Tilly	Cam	2007	24-11 (7.59m)
3. Jake Didion	GWU	2007	24-5 (7.44m)
4. Jake Didion	GWU	2005	24-3 (7.39m)
Michael Acree	Troy	2003	24-3 (7.39m)
6. Jake Didion	GWU	2006	23-8 (7.22m)
7. Lincoln Gordon	Cam	2005	23-5 (7.13m)
8. Michael Acree	Troy	2002	23-4.5 (7.12m)
9. Sam Tilly	Cam	2005	23-3.5 (7.10m)
10. Joe Nelson	Troy	2000	23-2.75 (7.08m)
Chris Martland	Bel	2003	23-2.75 (7.08m)

Triple Jump english (metric)

1. Jake Didion	GWU	2007	50-6.75 (15.41m)
2. Sedric Cherry	FIU	1998	49-1.5 (14.97m)
3. Sam Tilly	Cam	2008	49-1 (14.96m)
4. Lincoln Gordon	Cam	2005	49-0.5 (14.94m)
5. Joseph Nelson	Troy	2001	49-0-5 (14.94m)
6. Joseph Nelson	Troy	1998	48-10.75 (14.90m)
7. Robert Brunson	Cam	2009	(14.61m)
8. Sam Tilly	Cam	2007	48-2.5 (14.69m)
9. Josh Cloyd	ETSU	2009	(14.49m)
10. Clifford Ivory	Troy	1998	47-3.75 (14.42m)

High Jump

1. Eric Bergemann	Cam	2002	7-0.25 (2.14m)
2. Eric Bergemann	Cam	2003	6-11.75 (2.13m)
3. Eric Bergemann	Cam	2001	6-9.75 (2.08m)
Jesse Morrow	Troy	2002	6-9.75 (2.08m)
Craig Norman	GWU	2003	6-9.75 (2.08m)
6. Jerome McKinzie	KSU	2007	6-8.75 (2.05m)
Jerome McKinzie	KSU	2008	6-8.75 (2.05m)
8. Eurosius Parker	JSU	1996	6-8 (2.03m)
Jesse Morrow	Troy	2003	6-8 (2.03m)
10. Perrish Goggins	Upst	2009	6-6.75 (2.00m)
Steven Lindsey	Lip	2009	6-6.75 (2.00m)
Jake Didion	GWU	2007	6-6.75 (2.00m)
Johnathon Rucker	GWU	2008	6-6.75 (2.00m)
Andrew Houston	ETSU	2008	6-6.75 (2.00m)

Hammer Throw

1. Cody MacArthur	GWU	2007	177-10 (54.20m)
2. Cody MacArthur	GWU	2006	164-7 (50.18m)
3. Jarrod Burton	ETSU	2007	163-4 (49.79m)
4. Joe Frye	Bel	2008	163-1 (49.71m)
5. Joshua McNair	KSU	2008	162-0 (49.37m)
6. Matt Knippen	GWU	2008	161-7 (49.26m)
7. Jarrod Burton	ETSU	2009	(47.97m)
8. Tyler Howell	Bel	2009	(47.75m)

9. Aymerick Kolokilagi	KSU	2008	156-2 (47.60m)
10. Ryan Baker	Troy	2005	155-3 (47.35m)

4x100 Meter Relay

1. JU	2001	40.45
2. Troy	1998	40.58
3. Troy	2002	40.66
4. ETSU	2007	40.73
5. Troy	2005	40.89
6. FIU	1998	41.27
7. FIU	1997	41.29
8. KSU	2009	41.36
9. ETSU	2008	41.37
10. ETSU	2006	41.40

4x400 Meter Relay

1. Troy	1998	3:12.05
2. SLU	1997	3:12.73
3. FIU	1997	3:12.83
4. KSU	2009	3:14.67
5. SLU	1996	3:15.40
6. FIU	1996	3:17.26
7. KSU	2008	3:18.58
8. KSU	2006	3:18.97

Decathlon

1. Nic Chernikow	ETSU	2009	6197 points
2. Logan Brelsford	Cam	2008	5935 points
Evan Brusich	GWU	2008	5935 points
4. Nicholas Chernikow	ETSU	2007	5765 points
5. Elliott Haynie	GWU	2007	5756 points
6. Kyle Linga felt	Cam	2008	5709 points
7. Nicholas Chernikow	ETSU	2008	5668 points
8. Jordan Briggs	ETSU	2009	5651 points
9. Matt Fiedler	Bel	2008	5590 points
10. Jordan Briggs	ETSU	2008	5536 points

Decathlon Superlatives

100 Meter Dash			
Perrish Goggins	Upst	2008	11.02
Long Jump			
Perrish Goggins	Upst	2008	22-4.5 (6.82m)
Shot Put			
Logan Brelsford	Cam	2008	37-10 (11.53m)
High Jump			
Perrish Goggins	Upst	2008	6-6 (1.98m)
400 Meter Run			
Evan Brusich	GWU	2008	50.70
110 Meter Hurdles			
Nic Chernikow	ETSU	2009	15.47
Discus Throw			
Evan Brusich	GWU	2008	112-5 (34.27m)
Pole Vault			
Elliott Haynie	GWU	2007	15-3 (4.65m)
Javelin Throw			
Elliott Haynie	GWU	2007	158-5 (48.29m)
1,500 Meter Run			
Justin Keziah	GWU	2007	4:29.36



Yearly Event Winners

Conference Record Highlighted

100 Meters

2009	Duronal Monal	ETSU	10.50 (wind)
2008	Duronal Monal	ETSU	10.61 (wind)
2007	James Rainer	ETSU	10.75
2006	James Rainer	ETSU	10.47
2005	Louis Harris	Troy	10.55
2004	Don Pitter	Troy	10.83
2003	Don Pitter	Troy	10.78
2002	John Williams	Sam	10.51
2001	Kevin Baxter	JU	10.62
2000	Jon Underhill	JU	10.72
1999	Moses Gagakuma	Troy	10.71
1998	Greg Garth	Troy	10.35
1997	Brian Jones	FIU	10.94
1996	Owen Campbell	SLU	10.87

200 Meters

2009	Duronal Monal	ETSU	21.34
2008	Greg Dunston	Cam	21.74
2007	James Rainer	ETSU	21.63
2006	James Rainer	ETSU	21.40
2005	Louis Harris	Troy	21.06
2004	Don Pitter	Troy	21.49
2003	Mark Bryant	GSU	21.32
2002	John Williams	Sam	21.59
2001	Kevin Baxter	JU	21.17
2000	Boshawn Mack	JU	21.60
1999	Marcus Brodah	JU	21.38
1998	Devaughan Brown	Troy	21.28
1997	Kwame Lewis	FIU	21.85
1996	Owen Campbell	SLU	21.75

400 Meters

2009	James Verdi	KSU	47.29
2008	James Verdi	KSU	48.71
2007	Chris Harrison	ETSU	48.36
2006	Mark Deroux	KSU	49.37
2005	DeLarenta Hawkins	Troy	48.48
2004	Stephon James	Troy	48.23
2003	Mark Bryant	GSU	47.37
2002	Emery Vickers	Troy	48.76
2001	Derrick Moore	Sam	48.72
2000	Joe Clark	Troy	47.79
1999	Barry Dinkins	Troy	48.38
1998	Cherenal Threadquill	Troy	47.03
1997	Kwame Lewis	FIU	48.22
1996	Kwame Lewis	FIU	48.00

800 Meters

2009	Gianni Catalano	KSU	1:52.18
2008	Gianni Catalano	KSU	1:52.90
2007	Colin Magut	Bel	1:53.21
2006	Dane Simmons	UNF	1:56.38
2005	Clarence Williams	Cam	1:54.01
2004	Nolan Speichinger	Bel	1:56.84
2003	Mike Bond	Troy	1:53.28
2002	Tee Mott	GSU	1:52.50
2001	Tee Mott	GSU	1:53.70
2000	Paul VonHerrmann	Sam	1:53.71
1999	Paul VonHerrmann	Sam	1:54.22
1998	Erik Montalvo	FIU	1:55.25
1997	Horace Laing	FIU	1:53.72
1996	Rob Thompson	FIU	1:52.38

1500 Meters

2009	Will Pearce	UNF	3:54.53
2008	Colin Magut	Bel	3:56.98
2007	Ryan Snellen	Bel	4:00.49
2006	Colin Magut	Bel	3:57.08
2005	Matt McMaster	GSU	3:56.32
2004	Brandon Hughes	Troy	3:59.20
2003	William Kemey	Bel	3:51.52
2002	Michael Bond	Troy	3:56.28
2001	Tee Mott	GSU	3:49.93
2000	Alan Parish	Sam	3:58.19
1999	Michael Green	Troy	3:56.23

1998	Tee Mott	GSU	3:58.81
1997	Andrew Letherby	GSU	3:59.32
1996	Jim Sellers	FIU	3:58.69

5000 Meters

2009	Kenneth Rotich	ETSU	14:36.13
2008	Kenneth Rotich	ETSU	14:38.53
2007	Jacob Buckman	Bel	15:01.73
2006	Colin Magut	Bel	15:13.78
2005	Jacob Buckman	Bel	14:46.91
2004	Jacob Buckman	Bel	14:58.00
2003	Paul Rickard	GSU	14:57.77
2002	William Kemey	Bel	14:48.60
2001	Michael Green	Troy	15:40.28
2000	Andrew Smith	Cam	14:57.20
1999	Michael Green	Troy	14:51.52
1998	Michael Green	Troy	15:29.97
1997	David Lesis	FIU	15:23.22
1996	Erik Lipham	UCF	15:19.22

10,000 Meters

2009	Kenneth Rotich	ETSU	30:53.20
2008	Kenneth Rotich	ETSU	31:03.19
2007	Caleb Swartz	Bel	31:51.97
2006	Jason Waters	KSU	31:58.14
2005	Jeremy Helf	Cam	31:45.18
2004	Ben Fish	Troy	31:57.66
2003	William Kemey	Bel	31:16.83
2002	Bryan Baddorf	Sam	32:34.62
2001	Michael Green	Troy	32:18.62
2000	Ryan Richmond	Cam	31:31.37
1999	Japheth Koech	JU	31:24.22
1998	Michael Green	Troy	32:13.88
1997	Mark Ragase	Cam	32:43.71
1996	Troy Davis	UCF	32:25.89

110 Meter Hurdles

2009	Adoniss Jones	Cam	14.02
2008	Adoniss Jones	Cam	14.23
2007	Harold Sims	Cam	14.49
2006	Devin Jones	KSU	14.63
2005	Mike Morris	Troy	14.98
2004	Mike Morris	Troy	14.99
2003	Jesse Morrow	Troy	14.52
2002	Jesse Morrow	Troy	14.41
2001	Derrick Moore	Sam	14.00
2000	Derrick Morre	Sam	14.12
1999	Drew Domoto	JU	15.92
1998	Rod Davis	FIU	14.62
1997	David Odum	Sam	14.86
1996	Stanley Dossous	FIU	14.90

400 Meter Hurdles

2009	Harold Sims	Cam	51.62
2008	Harold Sims	Cam	53.36
2007	Harold Sims	Cam	52.73
2006	Benjamin Gray	KSU	55.32
2005	Mike Morris	Troy	56.04
2004	Mike Morris	Troy	56.60
2003	Daniel Darrisaw	Troy	55.35
2002	David Henson	Sam	54.06
2001	David Henson	Sam	54.64
2000	David Henson	Sam	53.92
1999	Mike Finley	Troy	54.08
1998	Rod Davis	FIU	52.40
1997	Johnnie Coleman	SLU	53.10
1996	Vaughan Nembhard	FIU	52.99

3000 Meter Steeplechase

2009	Benjamin Ronoh	ETSU	9:20.17
2008	Scott Burley	KSU	9:17.34
2007	Scott Burley	KSU	9:14.93
2006	Lukasz Skrzypiec	KSU	9:30.58
2005	Mike Earle	Cam	9:23.90
2004	Mike Earle	Cam	9:38.43
2003	Mike Earle	Cam	9:29.14
2002	Chad Johnson	Sam	9:21.60
2001	John Fesh	Troy	9:35.71

2000	Aaron Bishop	Sam	9:23.26
1999	Billy McGlaughan	Cam	9:45.76
1998	Gaby Rodriguez	FIU	9:31.35
1997	Andrew Bishop	Sam	9:49.00
1996	Andrew Bishop	Sam	9:33.85

4x100 Meter Relay

2009	Martinez/Logan/Parks/Verdi	KSU	41.36
2008	Titman/James/Cloyd/Monal	ETSU	41.37
2007	Rainer/Carey/Tucker/Harrison	ETSU	40.73
2006	Tucker/Wright/Woodruff/Rainer	ETSU	41.40
2005	--	Troy	40.89
2004	Sykes/Elliott/Flippin/Prime	GWU	43.38
2003	--	Troy	41.61
2002	Acree/Britt/Harris/Vickers	Troy	40.66
2001	--	JU	40.45
2000	Sloan/Gagakuma/Strickland/Smith	JU	41.70
1999	--	Troy	41.44
1998	--	Troy	40.58
1997	--	FIU	41.29
1996	--	SLU	41.68

4x400 Meter Relay

2009	James/Grass/Tansey/Verdi	KSU	3:14.67
2008	Logan/James/Catlano/Verdi	KSU	3:18.58
2007	--	ETSU	3:20.07
2006	--	KSU	3:18.97
2005	--	Cam	3:18.65
2004	--	Troy	3:18.46
2003	--	GSU	3:19.16
2002	--	Sam	3:18.29
2001	--	Sam	3:19.39
2000	Finley/Hall/Brutus/Dinkins	Troy	3:20.57
1999	--	Troy	3:18.33
1998	--	Troy	3:12.05
1997	--	SLU	3:12.73
1996	--	SLU	3:15.40

High Jump

2009	Perrish Goggins	UPST	2.00m
2008	Jerome McKinzie	KSU	2.05m
2007	Jerome McKinzie	KSU	2.05m
2006	Shane Estes	ETSU	2.00m
2005	Logan Brelsford	Cam	1.90m
2004	Logan Brelsford	Cam	1.88m
2003	Eric Bergemann	Cam	2.13m
2002	Eric Bergemann	Cam	2.14m
2001	Eric Bergemann	Cam	2.08m
2000	Eric Bergemann	Cam	1.98m
1999	Jacob Stutzman	Troy	1.98m
1998	Jon Villacampa	Troy	1.98m
1997	Richard Curry	FIU	1.93m
1996	Eurosius Parker	JSU	2.03m

Pole Vault

2009	Justin Crawford	UPST	4.60m
2008	Jeremy Longshore	GWU	4.75m
2007	Jeremy Longshore	GWU	4.75m
2006	Jeremy Longshore	GWU	4.70m
2005	Kyle Lingafelt	Cam	4.45m
2004	Pawel Grubecki	Troy	4.56m
2003	Pat Barron	GWU	4.41m
2002	Josh Jones	Sam	4.60m
2001	Josh Jones	Sam	4.40m
2000	Josh Jones	Sam	4.57m
1999	Justin Harris	Sam	4.27m
1998	Justin Harris	Sam	4.11m
1997	Heath Lewis	Sam	4.44m
1996	Heath Lewis	Sam	4.12m

Long Jump

2009	Perrish Goggins	UPST	7.04m
2008	Sam Tilly	Cam	7.88m (wind)
2007	Sam Tilly	Cam	7.59m
2006	Jake Didion	GWU	7.22m
2005	Michael Acree	Troy	7.74m
2004	Joe Addison	Troy	6.80m
2003	Michael Acree	Troy	7.39m



Yearly Event Winners (continued)

2002	Michael Acree	Troy	7.12m
2001	Joe Nelson	Troy	6.97m
2000	Joe Nelson	Troy	7.08m
1999	Joe Nelson	Troy	6.62m
1998	Rod Davis	FIU	7.05m
1997	Richard Curry	FIU	6.63m
1996	Jermaine Woods	SLU	6.77m

Triple Jump

2009	Robert Brunson	Cam	14.61m
2008	Sam Tilly	Cam	14.96m
2007	Jake Didion	GWU	15.41m
2006	Jake Didion	GWU	13.67m
2005	Lincoln Gordon	Cam	14.94m
2004	Joe Addison	Troy	13.30m
2003	Michael Acree	Troy	13.68m
2002	Michael Acree	Troy	13.65m
2001	Joe Nelson	Troy	14.94m
2000	Joe Nelson	Troy	14.04m
1999	Joe Nelson	Troy	14.32m
1998	Sedric Cherry	FIU	14.97m
1997	Richard Curry	FIU	14.23m
1996	Jermaine Woods	SLU	14.36m

Shot Put

2009	Aymerick Kolokolagi	KSU	15.92m
2008	Bryan Ames	Cam	15.43m
2007	Jarrod Burton	ETSU	15.42m
2006	Matt Knippen	GWU	16.07m
2005	Matt Knippen	GWU	15.30m
2004	Michael Heck	Troy	14.97m
2003	Brennan Jack	Troy	15.04m
2002	Brennan Jack	Troy	14.56m
2001	Josh Caldwell	Sam	14.11m
2000	Frank Walker	Sam	12.38m
1999	Albert Lucas	Troy	15.40m
1998	Albert Lucas	Troy	14.99m
1997	Angelo Pace	JSU	13.66m
1996	Angelo Pace	JSU	14.50m

Discus Throw

2009	Casey Strickland	KSU	44.78m
2008	Joshua McNair	KSU	48.62m
2007	Cody MacArthur	GWU	49.75m
2006	Cody MacArthur	GWU	45.48m
2005	Brennan Jack	Troy	43.24m
2004	Michael Heck	Troy	46.95m
2003	Josh Caldwell	Sam	47.05m
2002	Patrick Paine	Bel	46.12m
2001	Courtney Phelps	JU	44.56m
2000	Courtney Phelps	JU	44.23m
1999	Marc McIntyre	Troy	48.36m
1998	Marc McIntyre	Troy	48.60m
1997	Richard Mason	Cam	40.82m
1996	David Ducre	SLU	46.78m

Hammer Throw**1st competition - 1998**

2009	Jarrod Burton	ETSU	47.97m
2008	Joe Frye	Bel	49.71m
2007	Cody MacArthur	GWU	54.20m
2006	Cody MacArthur	GWU	50.18m
2005	Ryan Baker	Troy	47.35m
2004	Michael Heck	Troy	44.68m
2003	Pete Fox	Sam	43.07m
2002	Keeton Blakeney	Sam	43.61m
2001	Tim Betts	Troy	41.94m
2000	Thomas Morrell	Cam	43.78m
1999	Marc McIntyre	Troy	39.22m
1998	Marc McIntyre	Troy	39.98m

Javelin Throw

2009	Casey Strickland	KSU	52.23m
2008	Jerel Langley	GWU	64.28m
2007	Jerel Langley	GWU	61.50m
2006	Jerel Langley	GWU	56.41m
2005	John Rodgers	Troy	58.42m
2004	Wes Edmonds	Troy	52.39m

2003	Daniel Balena	Sam	58.66m
2002	Jacob Stutzman	Troy	56.66m
2001	Chris Brongel	Troy	57.70m
2000	Chris Brongel	Troy	51.69m
1999	Daniel Irby	JU	53.50m
1998	Kevin Bateman	FIU	61.02m
1997	Kevin Poplin	Cam	59.60m
1996	Jeff Burke	FIU	62.00m

Decathlon**1st competition - 2007**

2009	Nic Chernikow	ETSU	6197
2008	Logan Brelsford	Cam	5935
	Evan Brusich	GWU	5935
2007	Nicholas Chernikow	ETSU	5765

Multiple Winners All-Time (Event / Meet)

SUPERLATIVES

Four-Time Event Winners (1)
Eric Bergemann, Cam (High Jump)

Most Events Won by Single Individual at Meet (3)

3 - Michael Heck, Troy (2004 - Shot Put, Discus, Hammer)
3 - Rod Davis, FIU (1998 - 110H, 400H, Long Jump)
3 - Richard Curry, FIU (1997 - Long Jump, Triple Jump, High Jump)

MEET

2009 (4)
Kenneth Rotich, ETSU (5000m, 10,000m)
Perrish Goggins, UPST (High Jump, Long Jump)
Casey Strickland, KSU (Discus, Javelin)
Duronon Monal (100m, 200m)

2008 (2)
Kenneth Rotich, ETSU (5000m, 10,000m)
Sam Tilly, Cam (Long Jump, Triple Jump)

2007 (4)
James Rainer, ETSU (100m, 200m)
Jacob Buckman, Bel (3000m SC, 5000m)
Harold Sims, Cam (110H, 400H)
Cody MacArthur, GWU (Discus, Hammer Throw)

2006 (4)
James Rainer, ETSU (100m, 200m)
Colin Magut, Bel (1500m, 5000m)
Jake Didion, GWU (Long Jump, Triple Jump)
Cody MacArthur, GWU (Discus, Hammer Throw)

2005 (2)
Louis Harris, Troy (100m, 200m)
Mike Morris, Troy (110H, 400H)

EVENTS**100 Meters**

2x
Duronon Monal, ETSU (2008, 2009)
James Rainer, ETSU (2006, 2007)
Don Pitter, Troy (2003, 2004)

200 Meters

2x
James Rainer, ETSU (2006, 2007)

400 Meters

2x
James Verdi, KSU (2008, 2009)
Kwame Lewis, FIU (1996, 1997)

800 Meters

2x
Gianni Catalano, KSU (2008, 2009)
Tee Mott, GSU (2001, 2002)
Paul VonHerrmann, Sam (1999, 2000)

1500 Meters

2x
Colin Magut, Bel (2006, 2008)
Tee Mott, GSU (1998, 2001)

5000 Meters

2x
Kenneth Rotich, ETSU (2008, 2009)
3x
Jacob Buckman, Bel (2004, 2005, 2007)
Michael Green, Troy (1998, 1999, 2001)

10,000 Meters

2x
Kenneth Rotich, ETSU (2008, 2009)
Michael Green, Troy (1998, 2001)

110 Meter Hurdles

2x
Adoniss Jones, Cam (2008, 2009)



Mike Morris, Troy (2005, 2005)
 Jesse Morrow, Troy (2002, 2003)
 Derrick Moore, Sam (2000, 2001)

400 Meter Hurdles

3x
 Harold Sims, Cam (2007, 2008, 2009)
 David Henson, Sam (2000, 2001, 2002)
 2x
 Harold Sims, Cam (2007, 2008)
 Mike Morris, Troy (2004, 2005)

3000 Meter Steeplechase

3x
 Mike Earle, Cam (2003, 2004, 2005)
 2x
 Scott Burley, KSU (2007, 2008)
 Andrew Bishop, Sam (1996, 1997)

4x100 Meter Relay

--

4x400 Meter Relay

2x
 Kennesaw State (2008, 2009)

High Jump

4x
 Eric Bergemann, Cam (2000, 2001, 2002, 2003)
 2x
 Jerome McKinzie, KSU (2007, 2008)
 Logan Brelsford, Cam (2004, 2005)

Pole Vault

3x
 Jeremy Longshore, GWU (2006, 2007, 2008)
 Josh Jones, Sam (2000, 2001, 2002)
 2x
 Justin Harris, Sam (1998, 1999)
 Heath Lewis, Sam (1996, 1997)

Long Jump

3x
 Michael Acree, Troy (2002, 2003, 2005)
 Joe Nelson, Troy (1999, 2000, 2001)
 2x
 Sam Tilly, Cam (2007, 2008)

Triple Jump

3x
 Joe Nelson, Troy (2000, 2001, 2002)
 2x
 Jake Didion, GWU (2006, 2007)
 Michael Acree, Troy (2002, 2003)

Shot Put

2x
 Matt Knippen, GWU (2005, 2006)
 Brennan Jack, Troy (2002, 2003)
 Albert Lucas, Troy (1998, 1999)
 Angelo Pace, JSU (1996, 1997)

Discus Throw

2x
 Cody MacArthur, GWU (2006, 2007)
 Courtney Phelps, JU (2000, 2001)
 Marc McIntyre, Troy (1998, 1999)

Hammer Throw

2x
 Cody MacArthur, GWU (2007, 2006)
 Marc McIntyre, Troy (1998, 1999)

Javelin Throw

3x
 Jerel Langley, GWU (2006, 2007, 2008)
 2x
 Chris Brongel, Troy (2000, 2001)

Decathlon

2x
 Nic Chernikow, ETSU (2007, 2009)

SUPERLATIVES

Four-Time Event Winners (1)
 Eric Bergemann, Cam (High Jump)



Award Winners

Most Outstanding Track Performer

2009	Benjamin Ronoh	ETSU
2008	Harold Sims	Cam
2007	Colin Magut	Bel
2006	Colin Magut	Bel

Most Outstanding Field Performer

2009	Casey Strickland	KSU
2008	Joshua McNair	KSU
2007	Cody MacArthur	GWU
2006	Cody MacArthur	GWU

Most Outstanding Performer
***split into MOP-Track & MOP-Field in 2006*

2005	Louis Harris	Troy
2004	Michael Heck	Troy
2003	Chris Martland	Bel
2002	Josh Jones	Sam
2001	Derrick Moore	Sam
2000	David Henson	Sam
1999	Michael Green	Troy
1998	Michael Green	Troy
1997	Richard Curry	FIU
1996	Johnnie Coleman	SLU

Most Outstanding Freshman Performer

2009	Reggie Thompson	Upst
2008	Adoniss Jones	Cam
2007	Jarrold Burton	ETSU
2006	Dobson Collins	GWU
2005	Jake Didion	GWU
2004	Joe Addison	Troy
2003	Don Pitter	Troy
2002	Michael Acree	Troy
2001	Kenneth Baxter	JU

Coach of the Year

2009	Dave Walker	ETSU
2008	Don McGarey	KSU
2007	Dave Walker	ETSU
2006	Brian Baker	GWU
2005	Bob Lambert	Troy
2004	Bob Lambert	Troy
2003	Bob Lambert	Troy
2002	Bob Lambert	Troy
2001	Bob Lambert	Troy
2000	Glenn McWaters	Sam
1999	Bob Lambert	Troy
1998	Bob Lambert	Troy
1997	Mike Becker	FIU
1996	Mike Becker	FIU

ATHLETE OF THE WEEK
-2009-

3/25	Gianni Catalano	KSU
4/1	Jarrold Burton	ETSU
4/8	Harold Sims	Cam
4/15	Josh Cloyd	ETSU
4/22	Kenneth Rotich	ETSU
4/29	Pierce Greenberg	Bel
5/6	Adoniss Jones	Cam
5/13	Duronal Monal	ETSU

-2008--

3/26	Joshua McNair	KSU
4/2	Sam Tilly	Cam
4/9	Jerome McKinzie	KSU
4/16	Perish Goggins	Upst
4/23	Greg Dunston	Cam
4/30	Matt Knippen	GWU
5/7	Sam Tilly	Cam
5/14	Gianni Catalano	KSU

-2007--

3/21	James Rainer	ETSU
3/28	Sam Tilly	Cam
4/4	Elliott Haynie	GWU
4/11	Cody MacArthur	GWU

4/18	Sam Tilly	Cam
4/25	Sam Tilly	Cam
5/2	Colin Magut	Bel
5/9	Cody MacArthur	GWU

-2006--

3/21	Jeremy Longshore	GWU
3/29	James Rainer	ETSU
4/5	James Rainer	ETSU
4/5	Jake Didion	GWU
4/19	Collin Magut	Bel
	Cody MacArthur	GWU
4/26	James Rainer	ETSU
5/3	Daniel Williams	ETSU
5/10	Dobson Collins	GWU
5/17	Dobson Collins	GWU

-2005--

3/8	Louis Harris	Troy
3/15	Don Pitter	Troy
3/2	Jacob English	GSU
3/29	Lincoln Gordon	Cam
4/5	Ryan Baker	Troy
4/12	DeLarenta Hawkins	Troy

-2004--

3/9	Michael Heck	Troy
3/16	Michael Heck	Troy
3/23	Clarence Williams	Cam
3/30	Clarence Williams	Cam
4/6	Nick Miller	GSU
4/13	Michael Heck	Troy

-2003--

3/26	Chris Martland	Bel
4/2	William Kemey	Bel
4/9	Mike Earle	Cam

ATHLETE OF THE WEEK BREAKDOWN
Team-by-Team

Campbell	12
ETSU	9
Belmont	5
Kennesaw State	4
USC Upstate	1

Former Members

Gardner-Webb	8
Troy	7
Georgia State	2

Multiple Individual Winners

Tilly, Sam (Cam)	5
Ranier, James (ETSU)	4
Heck, Michael (Troy)	3
MacArthur, Cody (GWU)	3
Catalano, Gianni (KSU)	2
Collins, Dobson (GWU)	2
Magut, Colin (Bel)	2
Williams, Clarence (Cam)	2

All-Conference Selections

-2009--
First Team

Duronal Monal	ETSU	100m
Duronal Monal	ETSU	200m
James Verdi	KSU	400m
Gianni Catalano	KSU	800m
Will Pearce	UNF	1500m
Benjamin Ronoh	ETSU	3000m SC
Kenneth Rotich	ETSU	5000m
Kenneth Rotich	ETSU	10,000m
Adoniss Jones	Cam	110H
Harold Sims	Cam	400H
Martinez/Logan/Parks/Verdi	KSU	4x100m
James/Grass/Tansey/Verdi	KSU	4x400m
Perrish Goggins	Upst	High Jump
Justin Crawford	Upst	Pole Vault
Perrish Goggins	Upst	Long Jump
Robert Brunson	Cam	Triple Jump
Aymerick Kolokolagi	KSU	Shot Put
Casey Strickland	KSU	Discus
Jarrold Burton	ETSU	Hammer
Casey Strickland	KSU	Javelin
Nic Chernikow	ETSU	Decathlon

Second Team

Jemir Martinez	KSU	100m
James Verdi	KSU	200m
Joshua James	KSU	400m
Gianni Catalano	KSU	800m
Hillary Cheruiyot	Bel	1500m
Johnathan Esteban	UNF	3000m SC
Benjamin Ronoh	ETSU	5000m
Benjamin Ronoh	ETSU	10,000m
Michael James	ETSU	110H
Joshua James	KSU	400H
Lambert/Monal/James/Ford	ETSU	4x100m
Knox/Carter/Jones/Roberts	Lip	4x400m
Steven Lindsey	Lip	High Jump
Jordan Briggs	ETSU	Pole Vault
Robert Brunson	Cam	Long Jump
Josh Cloyd	ETSU	Triple Jump
Casey Strickland	KSU	Shot Put
Cornell Sneed	ETSU	Discus
Tyler Howell	Bel	Hammer
Jarrold Burton	ETSU	Javelin
Jordan Briggs	ETSU	Decathlon

Third Team

Greg Dunston	Cam	100m
Greg Dunston	Cam	200m
Cardel Johnson	Cam	400m
Camerson Dickerson	UNF	800m
Piotr Witczak	KSU	1500m
J Penny	ETSU	3000m SC
Jeff Crane	ETSU	5000m
Michael Deren	ETSU	10,000m
Harold Sims	Cam	110H
Brian Graham	KSU	400H
White/Dunston/Brunson/Brown	Cam	4x100m
Cooper/Gordan/Johnson/Newton	Cam	4x400m
Erik Ingle	KSU	High Jump
Noah Thompson	UNF	Pole Vault
Allen Brown	Cam	Long Jump
Noah Thompson	UNF	Pole Vault
Justin Burton	ETSU	Shot Put
Aymerick Kolokolagi	KSU	Discus
Mark Wartenberger	Upst	Hammer
Dave Mathews	Cam	Javelin
Reggie Thompson	Upst	Decathlon

-2008--
First Team

Duronal Monal	ETSU	100m
Greg Dunston	Cam	200m
James Verdi	KSU	400m
Gianni Catalano	KSU	800m
Colin Magut	Bel	1500m
Scott Burley	KSU	3000m SC
Kenneth Rotich	ETSU	5000m
Kenneth Rotich	ETSU	10,000m
Adoniss Jones	Cam	110H
Harold Sims	Cam	400H
Titman/James/Cloyd/Monal	ETSU	4x100m
Logan/James/Catalano/Verdi	KSU	4x400m
Jerome McKinzie	KSU	High Jump
Jeremy Longshore	GWU	Pole Vault
Sam Tilly	Cam	Long Jump
Sam Tilly	Cam	Triple Jump
Bryan Ames	Cam	Shot Put
Joshua McNair	KSU	Discus
Joe Frye	Bel	Hammer
Jerel Langley	GWU	Javelin
Logan Brelsford	Cam	Decathlon
Evan Brusich	GWU	Decathlon

Second Team

Greg Dunston	Cam	100m
Zachary Titman	ETSU	200m
Joshua James	KSU	400m
Colin Magut	Bel	800m
Will Pearce	UNF	1500m
John Brigham	Bel	3000m SC
Jacob Buckman	Bel	5000m
John Brigham	Bel	10,000m
Devin Jones	KSU	110H
Devin Jones	KSU	400H
James/Logan/Jones/Verdi	KSU	4x100m
Goodrum/Rucker/C.Steinke/P.Steinke	GWU	4x400m
Johnathon Rucker	GWU	High Jump
Brandon Grass	Bel	Pole Vault
Josh Cloyd	ETSU	Long Jump
Josh Cloyd	ETSU	Triple Jump
Aymerick Kolokolagi	KSU	Shot Put
Eric Gill	KSU	Discus
Joshua McNair	KSU	Hammer
Casey Strickland	KSU	Javelin

***Ties result in no 2nd Team Selection

Third Team

Sam Tilly	Cam	100m
Josh Cloyd	ETSU	200m
Harold Sims	Cam	400m
Matteo DiCecco	KSU	800m
Hillary Cheruiyot	Bel	1500m
Jordan Ladd	ETSU	3000m SC
John Brigham	Bel	5000m
Jacob Buckman	Bel	10,000m
Harold Sims	Cam	110H
Paul Steinke	GWU	400H
Register/Greer/Grass/Fiedler	Bel	4x100m
Register/Magut/Greer/Cheruiyot	Bel	4x400m
Andrew Houston	ETSU	High Jump
*Dave Thomas	ETSU	Pole Vault
*Adam Reed	GWU	Pole Vault
*Drew Beamer	ETSU	Pole Vault

***Ties result in multiple 3rd Team Selections

Robert Brunson	Cam	Long Jump
Vonzell Pittman	GWU	Pole Vault
Joshua McNair	KSU	Shot Put
Casey Strickland	KSU	Discus
Matt Knippen	GWU	Hammer
Ryan Shaver	Cam	Javelin
Kyle Lingafelt	Cam	Decathlon



All-Conference Selections (continued)

Brennan Jack	Troy	Shot Put	Jesse Morrow	Troy	High Jump	Joe Gillaspie	Troy	High Jump	Justin Harris	Sam	Pole Vault
Patrick Paine	Bel	Discus	Philip Armijo	JU	Pole Vault	Matt Cull	JU	Pole Vault	Rod Davis	FIU	Long Jump
Jacob Stutzman	Troy	Javelin	Ryan Valrie	Troy	Long Jump	Carlos Dixon	Troy	Long Jump	Sedric Cherry	FIU	Triple Jump
Michael Acree	Troy	Long Jump	Kelly Roberts	JU	Triple Jump	Josh Jones	Sam	Triple Jump	Albert Lucas	Troy	Shot Put
Michael Acree	Troy	Triple Jump	Branden Hall	Troy	Shot Put	Keeton Blakeney	Sam	Shot Put	Mark McIntyre	Troy	Discus
Eric Bergemann	Cam	High Jump	Josh Caldwell	Sam	Discus	Andrew Dye	Sam	Discus	Mark McIntyre	Troy	Hammer
Josh Jones	Sam	Pole Vault	Keeton Blakeney	Sam	Hammer	Tim Betts	Troy	Hammer	Kevin Bateman	FIU	Javelin
Keeton Blakeney	Sam	Hammer	Josh Jones	Sam	Javelin	Joe Gillaspie	Troy	Javelin			
<i>Second Team</i>			<i>Third Team</i>			<i>--1999--</i>			<i>Second Team</i>		
Andy Britt	Troy	100m	Boshawn Mack	JU	100m	<i>First Team</i>			Chris Butler	FIU	100m
Emery Vickers	Troy	200m	Boshawn Mack	JU	200m	Moses Gagakuma	Troy	100m	Mark Hankins	Sam	200m
David Henson	Sam	400m	Jon Underhill	JU	400m	Marcus Brodah	JU	200m	Devaughn Brown	Troy	400m
Paul Von Herrman	Sam	800m	Eddie Hood	Cam	800m	Barry Dinkins	Troy	400m	Paul VonHermann	Sam	800m
Rob Barton	Troy	1500m	Matt McMaster	GSU	1500m	Paul VonHermann	Sam	800m	Mike Green	Troy	1500m
William Kemey	Bel	3000SC	Andrew Campbell	GSU	5000m	Michael Green	Sam	1500m	Lou Snelling	UCF	5000m
Paul Rickard	GSU	5000m	Jason Lackey	Sam	10,000m	Michael Green	Troy	5000m	John Hope	UCF	10,000m
Andrew Spear	Sam	10000m	Jesse Morrow	Troy	110H	Japheth Koech	JU	10,000m	Derrick Moore	Sam	110m HH
Arrington Watkins	Troy	110H	Philip Armijo	JU	400H	Drew Domoto	JU	110m HH	Vaughan Nembhard	FIU	400m IH
Josh Jones	Sam	400H	Matt Oates	GSU	3000m SC	Mike Finley	Troy	400m IH	Darrin Guay	Cam	3000m SC
Branden Hall	Troy	Shot Put	Jacob Strutzman	Troy	High Jump	Billy McGlaughan	Cam	3000m SC	Shane Renbering	JU	High Jump
Derek Simmons	Sam	Discus	Josh Katsur	JU	Pole Vault	Jacob Strutzman	Troy	High Jump	Jacob Schweinforth	Troy	Pole Vault
Paul Teinert	Sam	Javelin	Josh Jones	Sam	Long Jump	Justin Harris	Sam	Pole Vault	Clifford Ivory	Troy	Long Jump
Eric Bergemann	Cam	Long Jump	Stephen Colbert	JU	Triple Jump	Joe Nelson	Troy	Long Jump	Joeseph Nelson	Troy	Triple Jump
Eric Bergemann	Cam	Triple Jump	Keeten Blakeney	Sam	Shot Put	Joe Nelson	Troy	Triple Jump	Matt Slonkin	FIU	Shot Put
Jesse Morrow	Troy	High Jump	Keeten Blakeney	Sam	Discus	Albert Lucas	Troy	Shot Put	Scott Lappin	JU	Discus
Daniel Balena	Sam	Pole Vault	Charles Thomas	Troy	Hammer	Marc McIntyre	Troy	Discus	Scott Lappin	JU	Hammer
Denton Bagwell	Troy	Hammer	Joe Gillaspie	Troy	Javelin	Marc McIntyre	Troy	Hammer	Jon Villacampa	Troy	Javelin
			<i>--2000--</i>			Daniel Irby	JU	Javelin	<i>Third Team</i>		
<i>Third Team</i>			<i>First Team</i>			<i>Second Team</i>			Shaun Smith	Troy	100m
Louis Harris	Troy	100m	Jon Underhill	JU	100m	Marcus Bodah	JU	100m	John Hargray	Troy	200m
Andy Britt	Troy	200m	Boshawn Mack	JU	200m	Moses Gagakuma	Troy	200m	Barry Dinkins	Troy	400m
Casey Strickland	Troy	400m	Joe Clark	Troy	400m	Dion Hall	Troy	400m	Cornell Jones	Troy	800m
Sandy Shenkman	UCF	800m	Paul VonHerrmann	Sam	800m	Barry Milhorn	Sam	800m	Erik Montalvo	FIU	1500m
Matt McMaster	GSU	1500m	Alan Parish	Sam	1500m	Matt Oates	Troy	1500m	John Stanley	Troy	5000m
Michael Earle	Cam	3000m SC	Andrew Smith	Cam	5000m	Japheth Koech	JU	5000m	John Stanley	Troy	10,000m
G. Gentiluomo	GSU	5000m	Ryan Richmond	Cam	10,000m	Mark Ragase	Cam	10,000m	Vaughan Nembhard	FIU	110m HH
Danny Cook	UCF	10000m	Derrick Moore	Sam	110 HH	Jean Brutus	Troy	400m IH	Micheal Finley	Troy	400m IH
Desmon Newton	Troy	110H	David Henson	Sam	400 IH	Brandon Britton	Troy	3000m SC	Billy McGlaughan	Cam	3000m SC
Jese Morrow	Troy	400H	Aaron Bishop	Sam	3000m SC	Cornell Jones	Troy	High Jump	Jermey Becker	Sam	High Jump
Donnie Bostain	Troy	Shot Put	Eric Bergemann	Cam	High Jump	Matt Owens	Cam	Pole Vault	Mark Owens	Cam	Pole Vault
Denton Bagwell	Troy	Discus	Josh Jones	Sam	Pole Vault	Steve Wright	GSU	Long Jump	Steve Wright	GSU	Long Jump
Daniel Balena	Sam	Javelin	Joe Nelson	Troy	Long Jump	Russell Cheatum	Troy	Triple Jump	Clifford Ivory	Troy	Triple Jump
Johnnie Peppers	Troy	Long Jump	Joe Nelson	Troy	Triple Jump	Jason Ward	Troy	Shot Put	Mark McIntyre	Troy	Shot Put
Johnnie Peppers	Troy	Triple Jump	Frank Walker	JU	Shot Put	Courtney Phelps	JU	Discus	Aaron Bryant	Sam	Discus
Jacob Stutzman	Troy	High Jump	Courtney Phelps	JU	Discus	Thomas Morrell	Cam	Hammer	Albert Lucas	Troy	Hammer
Charles Reinartz	Troy	Pole Vault	Thomas Morrell	Cam	Hammer	Chris Brongel	Troy	Javelin	Scott Lappin	JU	Javelin
Pete Fox	Sam	Hammer	<i>Second Team</i>			<i>Third Team</i>			<i>--1997--</i>		
<i>--2001--</i>			<i>First Team</i>			Shaun Smith	Troy	100m	<i>First Team</i>		
<i>First Team</i>			Kevin Baxter	JU	100m	Eric Sloan	Troy	200m	Brian Jones	FIU	100m
Kevin Baxter	JU	200m	Kevin Baxter	JU	200m	Marcus Bodah	JU	400m	Kwame Lewis	FIU	200m
Derrick Moore	Sam	400m	Derrick Moore	Sam	400m	Josh Jackson	Troy	800m	Kwame Lewis	FIU	400m
Tee Mott	GSU	800m	Alan Parish	Sam	800m	Dwight Thomas	Sam	1500m	Horace Laing	FIU	800m
Tee Mott	GSU	1500m	Andrew Smith	Cam	1500m	Andrew Smith	Cam	5000m	Andrew Letherby	GSU	1500m
Michael Green	Troy	5000m	Ryan Richmond	Cam	5000m	John Hope	UCF	10,000m	Andy Bishop	Sam	3000m SC
Michael Green	Troy	10,000m	Mark Ragase	Cam	10,000m	Jasper Demps	Troy	400m IH	David Lesis	FIU	5000m
Derrick Moore	Sam	110H	Mike Henderson	JSU	110 HH	John Fesh	Troy	3000m SC	Mark Ragase	Cam	10,000m
David Henson	Sam	400H	Drew Domoto	JSU	400 IH	Kevin Ouldhouse	Sam	High Jump	David Odum	Sam	110m HH
John Fesh	Troy	3000m SC	Andy Bishop	Sam	3000m SC	Josh Jones	Sam	Pole Vault	Johnnie Coleman	SLU	400m IH
Eric Bergemann	Cam	High Jump	Jacob Strutzman	Troy	High Jump	Russell Cheatum	JU	Long Jump	Angelo Pace	JSU	Shot Put
Josh Jones	Sam	Pole Vault	Dan Cramer	JU	Pole Vault	Josh Jones	Sam	Triple Jump	Richard Mason	Cam	Discus
Joseph Nelson	Troy	Long Jump	Tyrone Wright	JU	Long Jump	Mark McIntyre	Troy	Shot Put	Kevin Poplin	Cam	Javelin
Joseph Nelson	Troy	Triple Jump	Carlos Dixon	Troy	Triple Jump	Albert Lucas	Troy	Discus	Richard Curry	FIU	Long Jump
Josh Caldwell	Sam	Shot Put	Courtney Phelps	JU	Shot Put	Thomas Morrell	Cam	Hammer	Richard Curry	FIU	Triple Jump
Courtney Phelps	JU	Discus	Adam Brock	Sam	Discus	Kevin Ouldhouse	Sam	Javelin	Richard Curry	FIU	High Jump
Tim Betts	Troy	Hammer	Keeton Blakeney	Sam	Hammer				Heath Lewis	Sam	Pole Vault
Chris Brongel	Troy	Javelin	Dan Irby	JU	Javelin	<i>--1998--</i>			<i>Second Team</i>		
<i>Second Team</i>			<i>Third Team</i>			<i>First Team</i>			Chris Butler	FIU	100m
Jon Underhill	JU	100m	Robbie Strickland	Troy	100m	Greg Garth	Troy	100m	Treviss Carter	SLU	200m
Jon Underhill	JU	200m	Joe Clark	Troy	200m	Devaughan Brown	Troy	200m	Randy Watkins	FIU	400m
David Henson	Sam	400m	David Henson	Sam	400m	Cheraln Threadquill	Troy	400m	Sedric Cherry	FIU	800m
Matt McMaster	GSU	800m	Josh Jackson	Troy	800m	Erik Montalvo	FIU	800m	Jimmy Sellers	FIU	1500m
Michael Green	Troy	1500m	Giovanni Gentiluomo	GSU	1500m	Tee Mott	GSU	1500m	Gaby Rodriguez	FIU	3000m SC
John Fesh	Troy	5000m	Lou Snelling	UCF	5000m	Mike Green	Troy	5000m	Jeff Clayton	GSU	5000m
Matt Barile	GSU	10,000m	Joe Gillaspie	Troy	10,000m	Mike Green	Troy	10,000m	Chris Geck	Cam	10,000m
Arrington Watkins	Troy	110H	David Henson	Sam	110 HH	Rod Davis	FIU	110m HH	Jason Corbett	FIU	110m HH
Derrick Moore	Sam	400H	Derrick Moore	Sam	400 IH	Rod Davis	FIU	400m IH	Roderick Davis	FIU	400m IH
Billy McGlaughlin	Cam	3000m SC	Billy McGlaughan	Cam	3000m SC	Gaby Rodriguez	FIU	3000m SC	Richard Mason	Cam	Shot Put
						Jon Villacampa	Troy	High Jump	Richard Curry	FIU	Discus



Richard Mason	Cam	Javelin
Thomas Taylor	SLU	Long Jump
Sedric Curry	FIU	Triple Jump
Shane Rehberg	JSU	High Jump
Shane Rehberg	JSU	Pole Vault

Third Team

Robert Stallworth	Sam	100m
Brian Jones	FIU	200m
Trevis Carter	SLU	400m
Kyle Nisbett	FIU	800m
Aaron Bishop	Sam	1500m
Kevin Hall	Sam	3000m SC
Aaron Bishop	Sam	5000m
Dwight Thomas	Sam	10,000m
Stanly Dousous	FIU	110m HH
Jason Corbitt	FIU	400m IH
Jeremy Herring	FIU	Shot Put
Angelo Pace	JSU	Discus
Travis McCoy	SLU	Javelin
Shane Rehberg	JSU	Long Jump
Thomas Taylor	SIU	Triple Jump
Heath Hyneman	Sam	High Jump
Wayne Carter	Sam	Pole Vault

--1996--*First Team*

Owen Campbell	SLU	100m
Owen Campbell	SLU	200m
Kwame Lewis	FIU	400m
Rob Thompson	FIU	800m
Jim Sellers	FIU	1500m
Andrew Bishop	Sam	3000m SC
Erik Lipham	UCF	5000m
Troy Davis	UCF	10,000m
Stanley Dossous	FIU	110m HH
Vaughan Nembhard	FIU	400m IH
Angelo Pace	JSU	Shot Put
David Ducre	SLU	Discus
Jeff Burke	FIU	Javelin
Jermaine Woods	SLU	Long Jump
Jermaine Woods	SLU	Triple Jump
Eurosus Parker	JSU	High Jump
Heath Lewis	Sam	Pole Vault

Second Team

Johnny Coleman	SLU	100m
Geraye Henley	SLU	200m
Johnny Coleman	SLU	400m
Sedric Cherry	FIU	800m
Rene Plasencia	UCF	1500m
Aaron Bishop	Sam	3000m SC
Darrin Guay	Cam	5000m
Dave Lewis	FIU	10,000m
Michael Stuart	Sam	110m HH
Johnny Coleman	SLU	400m IH
David Ducre	SLU	Shot Put
Jeff Burke	FIU	Discus
Kevin Poplin	Cam	Javelin
Eurosus Parker	JSU	Long Jump
Tony Reddick	FIU	Triple Jump
Sean Roach	FIU	High Jump
Paul McAllister	Cam	Pole Vault

Third Team

Kwame Lewis	FIU	100m
Brian Collins	SLU	200m
Horace Laing	FIU	400m
Willie Scott	FIU	800m
Kyle Nisbett	FIU	1500m
Darrin Guay	Cam	3000m SC
Rene Plasencia	UCF	5000m
Lou Snelling	UCF	10,000m
Vaughan Nembhard	FIU	110m HH
David Odum	Sam	400m IH
Zevon Garth	JSU	Shot Put
Zevon Garth	JSU	Discus
Richar Mason	Cam	Javelin
Tony Reddick	FIU	Long Jump
Sedric Cherry	FIU	Triple Jump
Tony Reddick	FIU	High Jump
Wayne Carter	Sam	Pole Vault